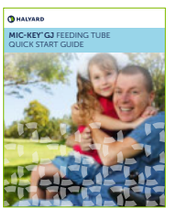
MIC-KEY* GJ FEEDING TUBE PATIENT DISCHARGE GUIDE

This checklist was designed to help you inform your patients of what they need to know to help ensure successful enteral feeding once they leave the medical setting.

MIC-KEY* GJ Quick Start Guide, Feeding Tube Equipment & MIC-KEY* Feeding Tube Demo Doll

- ☐ Review the Quick Start Guide with the patient (and/or caregiver) along with each piece of equipment in their kit, including the syringes and extension sets. Explain proper use and care and discuss how often each item should be replaced.



- ☐ Inform the patient and/or caregiver of how/when/why they will be receiving replacement parts and what to do with them.
- ☐ Have the patient and/or caregiver practice setting up their first feeding by using their own equipment on the MIC-KEY* Feeding Tube Demo Doll.

- ☐ Go over the ***"Tips for Feeding Tube Success"*** section of the Quick Start Guide in detail to assure that the patient and/or caregiver fully understands the do's and don'ts of MIC-KEY* GJ equipment use.
- ☐ Point out the information resources that are available in the ***"For More Information"*** section of the Quick Start Guide and discuss their purposes.

Stoma Site Care & Signs To Watch For

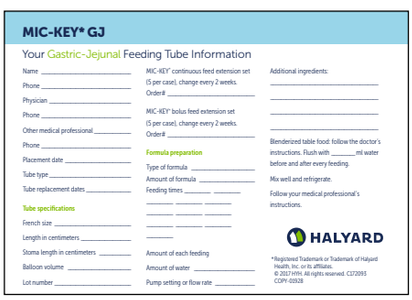
- ☐ Describe to the patient and/or caregiver how to care for their stoma site.
- ☐ Refer to the Stoma Site Poster when discussing how to recognize stoma site issues, how to prevent them and what to do if issues arise.
- ☐ Explain why different patients need different feeding tube lengths.
- ☐ Inform the patient and/or caregiver that they may need to be resized for feeding tube length if:
  - They experience any changes in weight.
  - They notice any stoma issues listed in the Quick Start Guide or Stoma Site Poster.

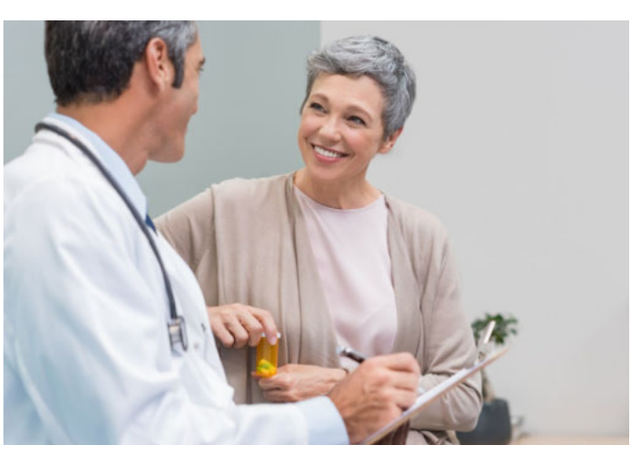
Formula, Hydration & Medications

- ☐ Refer to the physician's diet instructions and discuss formula and blenderized diets.
- ☐ Review their physician's instructions for hydration and fluid intake.
- ☐ Explain how to administer medications properly using a feeding tube and extension set and review the instructions for medications.

Contact Information & Gastro-Jejunal Info Card

- ☐ Provide the patient and/or caregiver with your contact information.
- ☐ Also, provide them with the contact information of their clinical team.
- ☐ Explain who to contact, when and for what reasons.
- ☐ Log this contact information on the patient's Gastro-Jejunal Info Card for easy reference.





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